



HEWITT AREA RECREATION DEPARTMENT

Volleyball Rules

- Be on time for your games.
- All players are required to wear their team shirts if they want to play. No excuses. No exceptions.
- No jewelry is allowed on players. This includes necklaces, rings, earrings, watches, metal bands, rubber bands, bracelets of any kind, or any other jewelry.
- Games may not be started or continued with less than four players on the court, except in the case of an injury occurring during the match.
- Any disrespect towards the officials will result in ejection from the match/game and the premises.
- Start of the Match: The winner of the coin toss shall choose serving first or choice of sides for the first game. Teams will alternate serve and side in each succeeding game.
- 15 points or the leader after 12 minutes will be one game. Two time outs per game and time will be stopped. Three games constitute one match. A team must win each game by 2 points.
- The underhand play will be judged on the legality of the hit according to NHFS rules.
- Substitution will be mandatory in the left forward position.
- No spiking the ball for Men.
- A net serve will be considered fair play if it goes over the net.
- Overhand serving is allowed.
- One girl must hit if more than one hit – Co-ed Rules.
- Bump or Set on serve, but the Set cannot go over the net.
- Girls can spike this year!